

Welcome to the fifth edition of the FixOurFood in Schools Network Newsletter

The FixOurFood in Schools vision is for a Yorkshire food system which is healthy for people and the planet.

Welcome to our fifth edition of the FixOurFood in Schools newsletter. This term, we have some more information on our Auto-Enrolment project, details on how to nominate your school for the Good School Food Awards and more, as well as another great opportunity to win our prize draw provided by Jamie Oliver.

Auto-enrolment of free school meals



WHAT'S THE PROBLEM?

In the UK, 22.5% of children are eligible for free school meals. However, data indicate that approximately 215,000 eligible children do not take up a free meal at school.



WHAT'S THE SOLUTION?

Auto-enrolment. This is a term used to describe the processes used to ensure that as many children as possible who are entitled to free school meals receive them without relying on families having to directly apply to schools or local authorities.

Auto-enrolment is a process that has already been taken out, or is being undertaken in Yorkshire. The FixOurFood team have been working closely with and supporting local authorities to help them roll out autoenrolment processes.

WHAT IS FIXOURFOOD DOING?

The team are looking to hear from schools, school caterers and parents around their experiences of auto-enrolment, and their peceptions on how acceptable and successful it has been.

If your local authority has recently implemented auto-enrolment processes that have led to an increase in free school meal registrations, we want to hear from you!

Share your experiences of the new free school meal auto-enrolment processes in a 45-minute interview for a **£200 school reward**! To find out more, please visit: <u>https://shorturl.at/EJUZ5</u>.



WHAT NEXT?

The findings of the FixOurFood research will be used to inform policy decisions around free school meals and aim to support children to access healthy meals and secure additional funding for schools.

If you are a school staff member and would like to help shape policy decisions by taking part in an interview, please contact:

fixourfoodinschools@york.ac.uk

CONNECTS-Food Supporting whole school approaches to food

CONNECTS-Food <u>www.CONNECTS-Food.com</u> is a free resource codesigned with school stakeholders to support your development of a whole school approach to food. Use the self-review tool to see how you're doing, get recommendations and resources on how to implement changes and monitor your progress.

Network News

Our team have been busy sending out FixOurFood in Schools newly developed certificates so members of our primary school network can proudly display their commitment to transforming the Yorkshire school food system. This can be a great way of evidencing school food priorities during school inspections, and nice to share with parents too.

We have also developed a logo that can be added to school websites or documentation to increase awareness of the network.

If you'd like to join our network and get a certificate to display in your school, all you need to do is complete our short survey here: *FixOurFood in Schools Survey* FixOurFood Network

Member of the



GOOD SCHOOL FOOD

♡JAMIE OLIVER

WADDS

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NOMINATE YOUR SCHOOL FOOD HERO!

Do you know an inspiring school chef? A food-waste wizard? Or someone who goes above and beyond to make sure our kids are well fed? Then enter them into the Good School Food Awards today, because entries are now open for 2024!

These awards are important because school food matters and the health of our children matters. We know that delivering delicious, nutritious school meals isn't easy, because often there isn't the right support or funding, yet there are still amazing people making a real difference to kids all across the UK.

So if you know someone that is making a difference through school meals, food or sustainability education, or helping kids to be active and well fed in the school day, then <u>nominate them now</u>!

Seasonal Food Teaching Resources

As we move from Winter to Spring, there is a great opportunity for children to learn about seasonal fruit and vegetables.

BBC Bitesize have a great resource for learning about what seasonal food is and its advantages, as part of their health and wellbeing course 'Food and Health'. The resources include a short video, a quiz and a challenge task to create a seasonal food calendar.

The Food and Health course, including seasonal food topic, can be found here: <u>BBC Bitesize Food and Health</u>



Spring

Prize draw!

Join our Network to be entered into our termly prize draws

Congratulations to Oakwell Rise Academy, Highfields Primary Academy, Fixby J&I School, Copley Junior School and Cowick CE Primary who each won a Planet Pizza game in our last prize draw!

WIN one of 5 signed copies of Jamie Oliver's book

Jamie Oliver has kindly gifted 5 signed copies of his newest recipe book, '5 Ingredients Mediterranean' for you to win for your school in this term's FixOurFood in Schools Network Prize Draw.



Scan this QR code or follow this <u>link</u> to join the network by completing a short 10 minute survey and be entered into the draw. Those who have already completed the survey will be automatically entered.

Complete the survey by Friday 19th April to be in with a chance of winning!

